

THE INVICTA

THE NEWSLETTER OF AVIVA FELLOWSHIP (INVICTA) JUNE 2018

We have set out below our programme of events for the coming months

WANT TO TRY TEN PIN BOWLING?

Our monthly bowling meetings near Tunbridge Wells are continuing. If you wish to give it a try, please contact Margaret Shrimpton (membershipsecretary@invictamaid.org) for details.

VISIT TO KING JOHN'S NURSERY AND GARDEN

Here is a reminder that Richard Haynes has arranged for us to visit King John's Nursery and Garden which is situated in Sheepstreet Lane, Etchingam, East Sussex, TN19 7AZ. on Wednesday 27th June. The Plan is to meet there at 10.30am.

The cost of entry is £4.50 per person payable on the day. (an increase in price of 50p since our previous newsletter) Apart from the garden there is a nursery, shop and café. To get there, from the A21 take the A265 to Etchingam and after the church take the next right into Church Lane and follow the brown sign to the nursery which is 2 miles up the lane on your left. IF YOU WOULD LIKE TO GO, PLEASE CONTACT RICHARD HAYNES AS SOON AS POSSIBLE. Contact chairman@invictamaid.org.

Although it will be helpful to get your early advice of intension to come, you will be most welcome if you only decide to come at the last minute.

VISIT TO THE RED HOUSE –BEXLEYHEATH

Margaret Shrimpton has made arrangements for us to visit the Red House in Bexley on Wednesday 18th July. This is a very interesting National Trust property which was created and lived in by William Morris, the founder of the Arts & Crafts movement.

The plan is to meet at the house in time for a 45 minute tour commencing at 11am. Entry to the house is free for National Trust members and your fellowship will pick up the cost for others.

Margaret is then planning to book a meal at Miller & Carter, which is in the grounds of the nearby Hall Place after which members will be free to explore the grounds or enter the house at Hall Place.

The Red House is situated in Red House Lane, Bexleyheath, DA6 8JF. Parking is in nearby streets or in Danson Park.

If you wish to go, please let Margaret know by 1st July, also letting her know if you wish to go to lunch at Miller and Carter. Margaret can be contacted by email – membershipsecretary@invictamaid.org.

LUNCH AT DALE HILL GOLF CLUB

Arrangements have been made for us to have lunch at an advantageous rate at Dale Hill Golf Club on Thursday 27th September. An invitation, directions, menu and booking form are attached. If you wish to go, please return the form to Richard Haynes with your cheque before 14th August.

CHRISTMAS LUNCH

Full details and arrangement for our Christmas lunch will be in our next newsletter but I am pleased to say that Laurie Thompson has made arrangements for it to be held at the Wilderness Golf Club again following from last year's successful event.

The date is Monday 10th December so please get that in your diary pending further details.

MESSAGE FROM OUR REGIONAL CHAIRMAN

I have attached a message from our regional chairman for your perusal and consideration.

The editor of The Invicta is Ken Morcombe who can be contacted at socialsecretary@invictamaid.org.

Dear member

Who suggested that as the years roll by, time seems to elapse much quicker. Do you remember as a youngster waiting for a special occasion like a holiday that it seemed to take ages for the date to arrive !

Why is it that as you become a senior citizen your main topic of conversation is health. Also your balance is something you have to be more careful of and getting up after kneeling on the floor makes you realize why you gave up going to the gym.

At the recent Invicta Pensioners Club AGM lunch there was much hilarity as we indulged in reminiscing about when we were working, colleagues, the sort of holidays we took then and the cruises we take today. Ideas on pastimes in retirement and the success of U3A clubs provide much food for thought.

It was a pity that more of our members did not attend. good food, good company and at no cost. This gave rise to a discussion of what would encourage more members to attend.

To sound people out, a convivial lunch has been arranged at the Dale Hill Golf Club, details below. A lovely location, excellent food and a spacious lounge to relax in and indulge in chats with other members. As this is not until September, this gives plenty of time to plan ahead and join fellow members to make this a memorable occasion.

Enclosed is the menu for a two course lunch which would normally cost £25, but is available to you at £15.

Yours truly

Richard Haynes
Invicta Club Chairman.

INVICTA CLUB LUNCH 27TH SEPTEMBER 12.00 for 12.45 @ DALE HILL GOLF CLUB"

Dale Hill, Ticehurst, Wadhurst, TN5 7DQ Tel 01580 200112. Turn off right from the A21 at traffic lights at junction for Hawkhurst

Name.....Address.....
Tel No :-.....Email address.....

Send your menu selections and a cheque made payable to "R.D. Haynes" before 14 August 2018.

Starter or Dessert	1).....	2).....
Main Course	1).....	2).....

WEALDEN
—VIEW—
RESTAURANT

2 Course - £25.00
3 Course - £32.00

Starters

Seasonal **Soup** Of The Day (V)
With Homemade Bread

Heritage Tomato Nicoise **Salad** (V)
Artichokes, Rocket Pesto, Olives, Potato & Lemon Dressing

Suffolk Ham Hock **Terrine**
Sourdough Toast, English Mustard Mayonnaise & Parsley Salad

Smoked **Duck** Salad
Watercress, Burnt Orange, Raspberries, Walnuts & Frisee Lettuce

Oak Smoked Scottish **Salmon**
Apple, Dill Yoghurt, Rye Croutons, Lemon & Sumac

Prawn Marie-rose Salad
Boiled Egg, Baby Gem, Paprika and Grilled Sourdough

Mains

Baked Butternut Squash **Risotto** (v)
Toasted Pinenuts, Goat's Curd, Raisins, Hazelnut Crumble

Truffled Ricotta **Tortellini** (v)
Forest Mushrooms, Aged Parmesan, Garden Herbs

Free Range **Chicken** Chasseur
Creamed Potato, Green Beans, Tarragon-Tomato Jus

Steak and Ale **Pie**
Char Grilled Broccoli, Chunky Chips and Onion Gravy

Slow Roast **Pork** Belly
Pomme Puree, Glazed Carrots, Salsa Verde, Crackling and Thyme Jus

Oven Baked Cornish **Cod**
Broccoli Mash, Tartar Sauce, Sundried Tomato-herb Crust

Smoked **Haddock**
Poached Egg, Creamed Spinach, Cocotte Potatoes, Chive Sauce

Desserts

Sticky Toffee **Pudding**
With Praline Ice-cream

Kentish Apple **Crumble**
Served with Vanilla Ice-cream

Valrhona Chocolate **Mousse**
with Honeycomb and Sour Cherry

Treacle **Tart**
Served with Vanilla Ice Cream

Please speak
to our staff if you want to know about our ingredients

Chairman: Chris House
Deputy Chair: Richard Haynes
Area Chairs: Edwin Jensen,
Brian Welch, Richard Haynes,
Claude Crowder & Tony Phillips

**Aviva
Fellowship**
(Founded in 2002)



www.avivastaffpensions.co.uk *

London & SE (Region 8)

Chair: Chris House
email: housec@avivafellowship.f9.co.uk

Tel: 020 8763 0890
25th May 2018

'Our Future' - Your Regional Chairman's Message

Greetings to our Fellowship Members of Chelmsford & Southend, Croydon, Maidstone, Romford & Watford,

I hope you've been able to attend some of the many Events our Region organise including our Fellowship Lunches. As our future planning needs emerge, it's appropriate and with some difficulty, I'm writing about the Fellowship's future.

Members' Needs & Your Help

Recognising many members still work, we try to vary the days and times of our activities to include some evenings and weekends. We trust they interest you, but better still, you could help us with some new initiatives. Perhaps also support with administration/ technical skills e.g. Databases etc and the expertise we lack.

Our Area Events

*These provide opportunities to meet former colleagues and make new friends. Please see <http://www.avivastaffpensions.co.uk/retired> (password 'fellow' & Region 8). This website contains a wide variety of events you can attend, with a friend, in the above **five** London & South-East Areas.*

Long Serving Committee Members

Our Area Committees are finding it increasing difficult in operating and encouraging our younger members' involvement. You may not have realised the Aviva Fellowship celebrated its 15th Anniversary last year! Almost 30 of our Committee members have now served their respective Area's for at least ten years and some many more.

For a few, 'Service' stretches back further (for their details please see above website). Their efforts link back to last century's pre-merger Groups leading to the Fellowship's formation.

Website * contains 'In Touch' past copies & Events for you, and a friend, in **five** London Areas (* password 'fellow' & Region 8).
Two Area websites provide Event details, wide range of information and other useful weblinks (includes many Newspapers)
Maidstone: <http://www.irvictamaid.org> (updated daily) **Croydon:** <http://avivafellowshipcroydon.org.uk> (updated regularly)

Recognition of Service

We owe a debt to all our Committee Members' whose service has ensured the Fellowships' continued existence. Many have made longstanding and valuable contributions.

We need more help now as increasingly, they're retiring (again).

Our Constitution requires Fellowships to have a Chair, Vice Chair, Treasurer and Secretary. These officials should serve no more than 6 years ideally. Currently for example, none of our Areas have a younger active Vice Chair to provide future support and ensure continuity?

At our 15th Anniversary (2017), we wished to take the opportunity to thank all our Committee Members for their contributions.

In addition, we needed to recognise some Members exceptional efforts.

'Outstanding Service Award'

Past and present Committee members, from each Area, were nominated for the above Award. Our own 'New Year Honours' were announced and appeared on the above national website earlier this year.

Please can you now offer your help and expertise to your local Area Committee.

Hoping I may see you at one of our many Events.

Chris House (Regional Chairman)

PS. We wish to keep our Members advised, from time to time, of our activities.

By providing your email address to advise you, its kept securely and used only for Fellowship purposes as required by strict Data Protection regulations (GDPR).

YOUR AREA CONTACTS

CHELMSFORD: Edwin Jensen, Area Chairman

Address: 8 Horseshoe Close, Billericay, Essex CM12 0YA Email: edwiniensen@hotmail.com Telephone: 01277 650 614

CROYDON: Brian Welch, Area Chairman

Address: 66 Crossways, South Croydon, Surrey CR2 8JN Email: brian.welch3@btinternet.com Telephone: 0208 657 1354

MAIDSTONE: Richard Haynes, Area Chairman

Address: 25 Tower Road, Orpington, Kent BR6 0SG Email: chrishaynes25@hotmail.com Telephone: 01689 873812

ROMFORD: Claude Crowder, Area Chairman

Address: 31, Claremont Road, Laindon, Essex SS15 5PZ Telephone: 01268 414143

WATFORD: Tony Phillips, Area Chairman

Address: 7 The Drive, Northwood, Middlesex HA6 1HQ Email: tonyphillips7@talktalk.net Telephone: 01923 822590